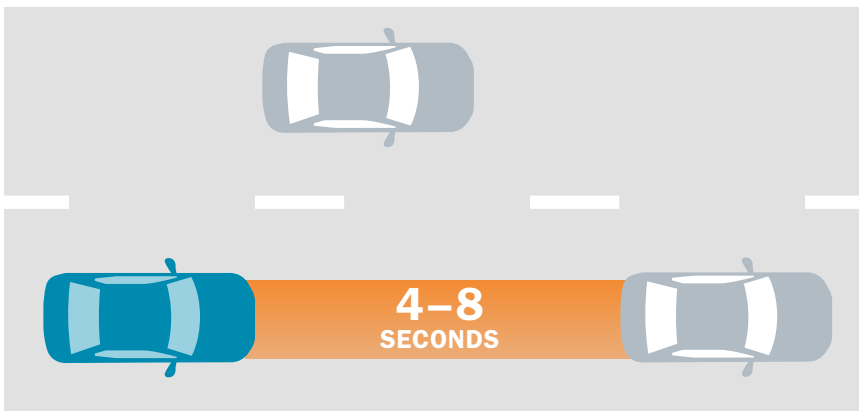


DRIVER COACHING SERIES: REAR-END COLLISIONS

Being a defensive driver and avoiding distractions while you drive is everyone's responsibility. By following these tips, you help ensure your safety — and the safety of those around you — when you're on the road.

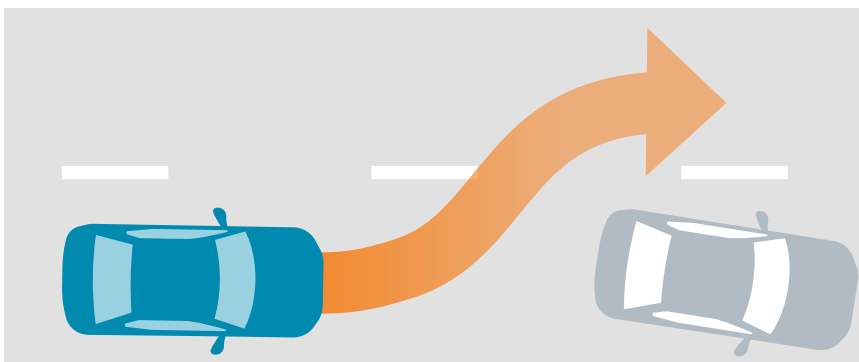
TO HELP PREVENT REAR-END COLLISIONS:



1. Maintain Space

Maintain space between vehicles. You should have 4–8 seconds of following distance between you and the vehicle in front of you. If you can't see around the vehicle in front of you or find yourself focusing on its brake lights, increase your distance.

(Vehicle size, speed and road conditions may require extra space)



2. Avoid Distracted Motorists

If you spot a distracted motorist in front of you, slow down to move away from them or change lanes.